



Dear Prescriber,

The NDSU Departments of Pharmacy Practice and Public Health would like to inform you of an initiative that is taking place in North Dakota. Pharmacies in your area are currently participating in an intervention focused on prescription opioid harm reduction for patients served who are prescribed an opioid. This intervention is focused on opioid and naloxone patient education (ONE Rx). At the time a patient presents an opioid prescription to the pharmacy, the ONE Rx program utilizes a screening tool assisting pharmacists in stratifying the risks for opioid misuse and/or opioid overdose. This screening tool, which is completed by the patient in the pharmacy, gathers objective measures that optimize patient focused pharmacy interventions to minimize negative opioid outcomes. Examples of interventions include, but are not limited to, education about opioid use disorder and support resource information, promoting 'Medication Take Back' at the pharmacy locations, education on signs/symptoms of opioid overdose, and naloxone dispensing for patients at risk for opioid overdose.

The ONE Rx team has provided outreach support and education to the pharmacies around the state and we would also like to offer our contact information if providers have additional questions. While ONE Rx is an intervention that promotes a tailored pharmacy care approach, we invite you to partner with the pharmacists in your community to ensure opioid risks are minimized and positive outcomes are attained. Additional information about the project can be found at <https://onerxproject.org/>.

Our objective of this project is continuing to foster relationships within the network of providers, pharmacies, and patients for the goal of opioid harm reduction. We appreciate your support and thank you for your dedicated patient care services.

Sincerely the ONE Rx team,

Dr. Mark Strand, PhD  
mark.strand@ndsu.edu

Amy Werremeyer, PharmD  
amy.werremeyer@ndsu.edu

Heidi Eukel, PharmD  
heidi.eukel@ndsu.edu

Oliver Frenzel, PharmD  
oliver.frenzel@ndsu.edu

Elizabeth Skoy, PharmD  
elizabeth.skoy@ndsu.edu

Jayne Steig, PharmD  
jsteig@qualityhealthnd.org